

# “TRENDS IN HIV PREVENTION AND CARE”

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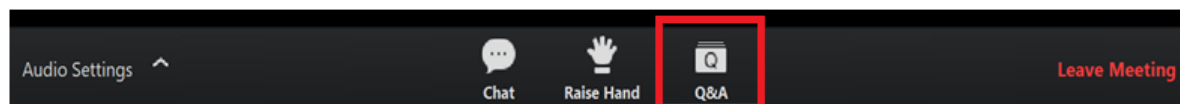


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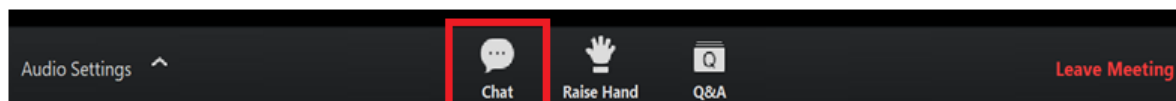
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# Submitting Questions and Comments

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# Webinar Objectives

## **Grantees will be able to:**

- Discuss Federal initiatives in HIV prevention and care;
- Describe current HIV prevention tools;
- Name evidence-informed practices in addressing the HIV care continuum; and
- Discuss strategies to establish and maintain relationships with state and local partners/collaborators



# Federal Initiatives

National  
HIV/AIDS  
Strategy

Addressing the  
HIV Care  
Continuum

Ending the HIV Epidemic



# National HIV/AIDS Strategy

- Reduce new HIV infections
- Increase access and improve health outcomes for PLWHA
- Reduce HIV-related disparities and health inequalities
- Archive a more coordinated national response

[www.hiv.gov](http://www.hiv.gov)



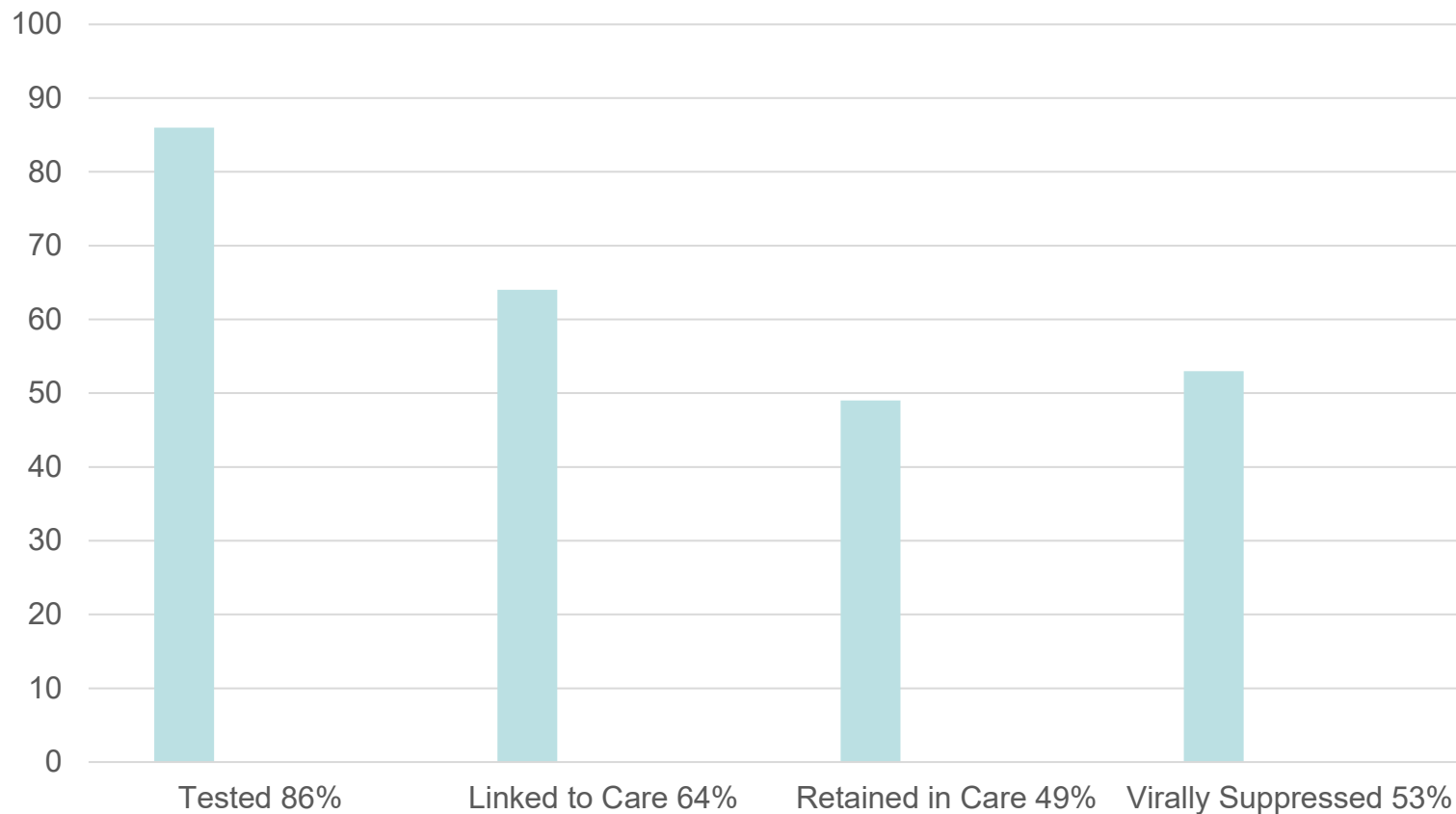
# AIDS Strategy Guide: Right Interventions in the Right Places

- **Widespread HIV testing and linkage to care** enables people living with HIV to access treatment early
- **Full access to Pre-Exposure Prophylaxis (PrEP) services** for those whom it is appropriate and desired, with support for medication adherence.
- **Broad support for people living with HIV** to remain engaged in comprehensive care, including support for treatment adherence.
- **Universal viral suppression among people living with HIV.**
- **Major metropolitan areas and southern United States highest concentration and rates of HIV.**



# HIV Care Continuum-2017

Chart Title



[www.hab.hrsa.gov](http://www.hab.hrsa.gov)



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# ‘Global’ Look at Services

- **Health Department Services**

- All state/local HD’s—except ND—receive CDC HIV and STD prevention funds; most focus on testing, counseling, partner services
- Most health departments administer HIV care/core services through Ryan White program
- HD SAMHSA funding [block grant 5% for HIV/early intervention services in higher prevalence jurisdictions]

- **AIDS Service Organizations**

- Prevention including SSP, HIV Care, Support Services including Case Management, Behavioral Health, Housing, 340 (b) Pharmacy programs





# 'Global' Look at Services: Continuation

- **Ryan White Care Act providers**
  - Core medical services (provided or contract)
  - Medical Case Managers as gatekeepers
  - Payer of Last Resort
- **FQHCs/CHCs**
  - Care/Core Medical Services
  - HIV testing (recent awards)
  - PrEP (pending announcement)
- **HUD/HOPWA providers**
  - Often HIV CBOs
  - Other homeless serving agencies



# Ending the HIV Epidemic

- February 2019, President Trump's State of the Union address
- EHE is the operational plan developed by all HHS agencies

GOAL= 75% reduction in new cases by 2025  
90% reduction by 2030

[www.hiv.gov](http://www.hiv.gov)



# Ending the HIV Epidemic



Diagnose



Treat



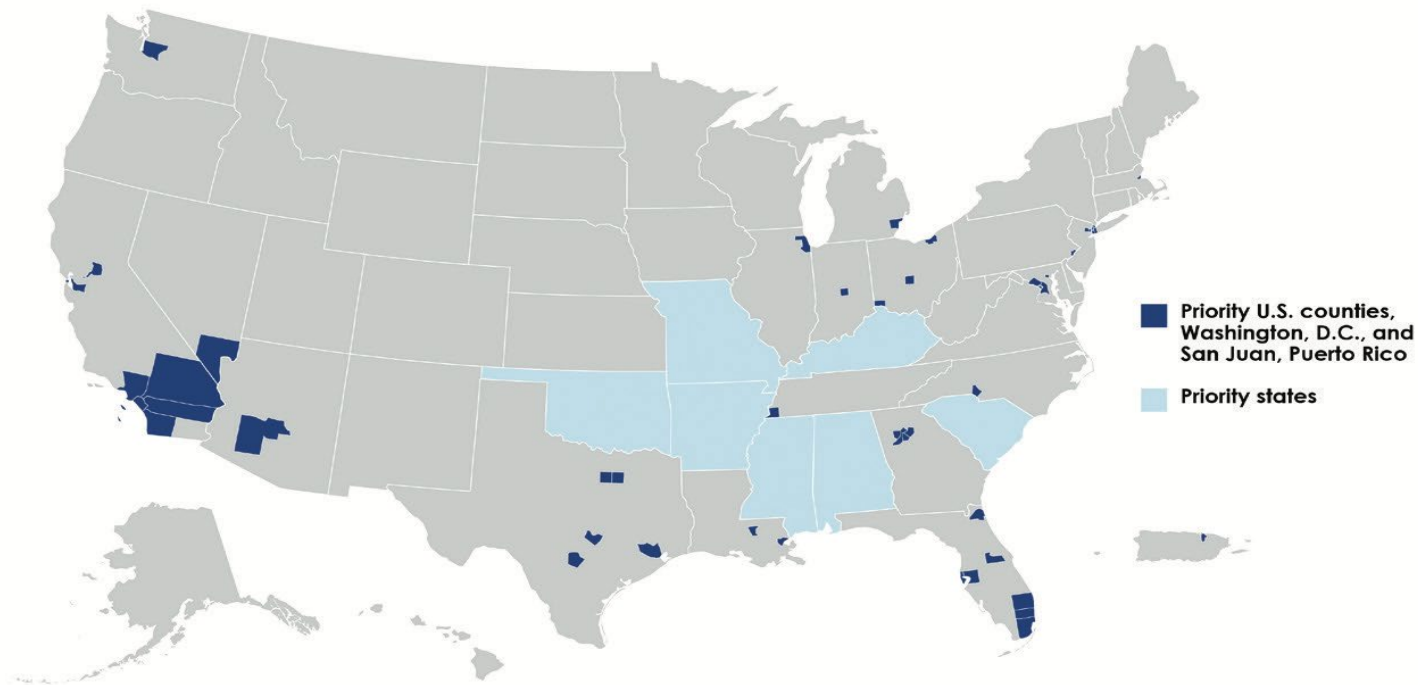
Prevent



Respond



# Ending the HIV Epidemic- 48 Counties/7 Rural States



# Highlighted Tools

- **Antiretroviral therapy**
- **Effective HIV care and prevention/ models of integration**
- **Pre-exposure prophylaxis (PrEP)**
- **New laboratory and epidemiological techniques**

[www.cdc.gov](http://www.cdc.gov)



# EHE Goal #1: DIAGNOSE

- HIV Testing (including couples testing)
- Social Network Strategy
- Personalized Cognitive Counseling (PCC)
- Partner Services



# Routine 'Opt-Out' Testing

- Consistent with CDC guidance
- Routine annual testing of all persons 13-64 receiving medical care
- Offered with 'opt-out' language (e.g. 'we plan to test for HIV with this sample unless your object...')
- No specific consent, no counseling prerequisite
- Screening once unless other risk factors are present

[www.cdc.gov/hiv/guideline/testing](http://www.cdc.gov/hiv/guideline/testing)



# Repeat Testing Recommendations

- Are you a man who has had sex with another man?
- Have you:
  - had sex—anal or vaginal—with an HIV-positive partner?
  - had more than one sex partner since your last HIV test?
  - injected drugs and shared needles or works (for example, water or cotton) with others?
  - exchanged sex for drugs or money?
  - been diagnosed with or sought treatment for hepatitis, TB or an STD?
  - had sex with someone who could answer yes to any of the above questions or someone whose sexual history you don't know?





# Moving to 4<sup>th</sup> Generation Testing

- June 2014 CDC Recommendation
- 4<sup>th</sup> Gen testing finds antibodies and P-24 antigen
- Recent infections [about 3 weeks] can be detected
- Identifying Acute Infection is a key PH strategy and facilitates HIV Cluster Response



# EHE Goal #2:TREAT

- ARVs/core medical services
- Intensive CM services
- Cognitive/Behavioral interventions (linkage, retention, medication adherence)
- Patient navigation/Peer support



# Patient Navigation

- **...timely, appropriate, patient-centered HIV medical and social services**
  - Linking persons to health care systems
  - Assisting with health insurance and transportation
  - Identifying and reducing barriers to care
  - Tailored health education
- **Delivered by peers or paraprofessionals**



# Medication Adherence Tools

- **CDC highlights ‘Every Dose/Every Day’**
- **Toolkit includes four adherence interventions**
  - HEART
  - SMART
  - Peer Support
  - Partnership for Health (P4H)
- **Phone app/Training tools through**

**[www.effectiveinterventions.org](http://www.effectiveinterventions.org)**



# HRSA HIV Innovative Practices

- Buprenorphine integration in HIV care
- Correctional health linkage
- Integrating Hepatitis C treatment
- Integrating HIV care in MAT programs

<https://targethiv.org/ihip>



**QUESTIONS??**

**COMMENT??**



# EHE Goal #3: PREVENT

- Pre-Exposure Prophylaxis (PrEP)
- Condom access
- Cognitive/Behavioral interventions



# PrEP Basics

- Once-daily Descovy or Truvada (Oral medications)
- Nearly 99% efficacy at preventing infections (adherence is key)
- Manufacturer offers discounted access to medication/need support for labs
- Enroll consumers in health plans
- Other compounds in development





# PrEP Guidelines

- Adult man/woman without acute or established HIV infection
- Any sex partners in past 6 months
- Not in a monogamous partnership with a recently tested, HIV-negative partner
- And at least one of the following:
  - Any sex without condoms (receptive or insertive) in past 6 months
  - Any STI diagnosed or reported in past 6 months
  - Is in an ongoing sexual relationship with an HIV-positive partner

U.S. PHTF Clinical Guidelines 2015



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# Implementing Behavioral Interventions

- Behavioral Interventions
  - Target consumers (age, gender, risk behavior)
  - Integrate interventions/adaptions
  - Assess capacity/fit
  - Focused training/intervention fidelity

[www.effectiveinterventions.org](http://www.effectiveinterventions.org)

<http://www.cdc.gov/hiv/dhap/prb/prs/index.html>



# SUD Provider Access to HIV Prevention Support

- SAMHSA block grants support Early Intervention Services (EIS) in select jurisdictions
  - HIV/Hepatitis testing
  - Linkage and referral to care of PrEP
  - Hepatitis vaccination (e.g., Twinrix) or HepC treatment
- CDC funds 65 states/jurisdictions to do HIV prevention; most have SUD collaboration
  - High Impact Prevention (HIP)
    - ✓ Selected Testing (e.g. Social Network Strategy)
    - ✓ Test and Treat Strategy
    - ✓ De-Emphasis of Behavioral Interventions
    - ✓ Increased Emphasis on Pre-exposure Prophylaxis (PrEP)



# Social Determinants of Health and HIV Prevention

- **Disproportionate impact of HIV on People of Color, transgender persons, youth, persons who inject drugs**
- **Poorer access to care, poorer health outcomes**
- **Strategies include:**
  - Structural approaches (housing, education, employment)
  - Addressing health system issues including trauma-informed care and integrated behavioral health approaches
  - Stigma reduction and addressing community norms

<https://www.ruralhealthinfo.org>



# EHE Goal #4: RESPOND

- Data to Care
- HIV Cluster Response
- Social Marketing
- Syringe Services Programs (SSPs)



# Data to Care (D2C) Strategy

- **...a new public health strategy that aims to use HIV surveillance data to identify HIV-diagnosed individuals not in care, link them to care, and support the HIV Care Continuum**
  - Health Department model
  - Health Care Provider model
- **SUD providers as potential partners**
  - Understand HIV care/surveillance resources
  - Conduct routine screening and adherence coaching
  - Knowledge of jurisdiction's policies/preferences



# Focus on Priority Populations

- **NHAS Indicator:** Increase the percentage of youth and persons who inject drugs with diagnosed HIV infection who are virally suppressed to at least **80 percent**.
- **NHAS Indicator:** Reduce the percentage of persons in HIV medical care who are homeless to no more than **5 percent**.



# Coordinating with Your Local Response: Assessment

- What are the key AIDS Community-based Organizations (CBOs) in your community? What services do they provide?
- What is the role of the local/county health department in HIV testing? HIV prevention?
- Current FQHC/CHCs engaged?
- Where can PLWHA receive low-cost services in your community? What services are provided?
- How can clients obtain PrEP in your community? Where are SSPs located?
- Where can you direct clients to enroll in health insurance policies?





# Your Successes/Your Next Steps

Successes	Next Steps
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**COMMENT??**

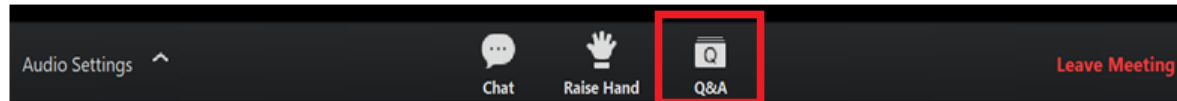


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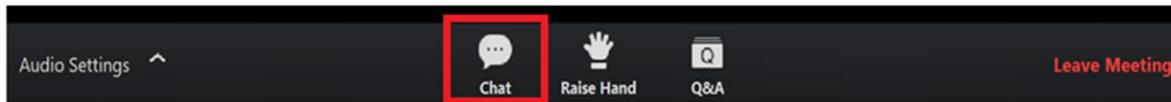
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Thank you!*



# Thanks...

for making time today and  
for all you do to save lives!

-Jim

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