



I-PPOSS

*Idaho Pregnant and Perinatal
Opioid Support System*

PEER SUPPORT SERVICES

If you're pregnant and using substances, or know someone who is, a Peer Support Specialist can help.

Peer Support Specialists are people who have a substance use disorder, are in recovery, and are trained and certified to help people in similar situations through safe, non-judgmental recovery-focused support.

Call today, they know what you are going through.

Sam Tackett
PEER SUPPORT SPECIALIST

My name is Samantha Tackitt and I am a peer support specialist and peer recovery coach who is working on the I-PPOSS project. Here is a little bit about my story. In 2008, I was addicted to Meth and using daily. I became pregnant and didn't know what to do. I knew I wanted to stop using so I didn't harm my unborn child. I started my prenatal appointments disclosed my current use and said I was going to stop. I was not given any kind of help or resources because using made me sick. I remember how terrible I was feeling because I was using while pregnant. I didn't want to tell anyone because of the shame I felt, but also constantly worried about the harm I was causing for my child.

My role as a Peer Support Specialist is to support you where you are, with no judgments, just the goal of getting you to the best place you can be by providing resources and being here for you with empathy and understanding. I have been in the same position.

As a Peer Support Specialist, I can attend prenatal appointments with you, help you locate housing resources, support groups, treatment, provide some suggestions that worked for me, and be someone who listens without judgement.

Call Today: 208-812-4888

Learn More:

