

# OPIOID OVERDOSE IN PREGNANCY

## Save Two Lives!

Naloxone is okay in pregnancy.

If a pregnant woman is given naloxone and is dependent on opioids (that is, needs opioids to feel normal or good) giving naloxone may cause her unborn baby to start to stress.

So, when naloxone is given, emergency help should be on its way.



Anyone who calls 911 to save another's life from overdose is protected from civil/criminal action in most states including Idaho.

## GET HELP

If a pregnant woman takes too many opioid drugs at one time, passes out, won't wake up, and is breathing slowly or not at all, she needs NALOXONE!

Naloxone is a life-saving drug that may be sprayed up the nose of someone who has overdosed on opioids like prescription narcotics or fentanyl.

It will help her start breathing again, getting oxygen back to her brain and baby.

SCAN  
ME! >>



## Opioid Overdose During Pregnancy



# I-PPOSS

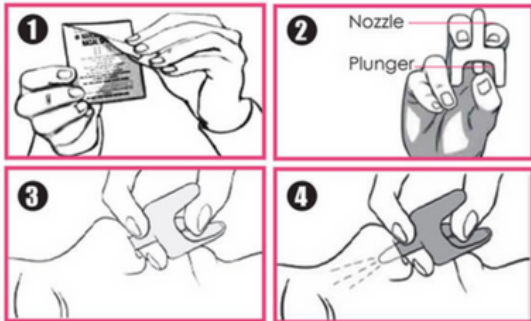
*Idaho Pregnant and Perinatal  
Opioid Support System*

# Give Naloxone When

1. You suspect someone has overdosed on opioids
2. You've called 911
3. The person is unresponsive (shout their name, shake their shoulders, or firmly rub the middle of their chest with your knuckles)
4. Breathing is slow, shallow, irregular, or has stopped

## Naloxone Nasal Spray

How to administer naloxone nasal spray



# OVERDOSE: WHAT TO DO

## 1: Call 911

Say your location and the person with you is pregnant and may have taken too many opioids

## 2: Give naloxone

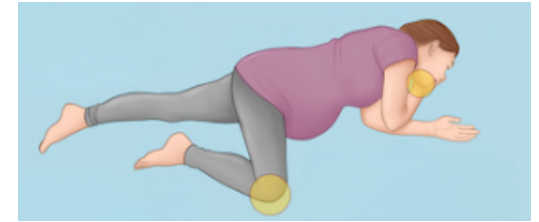
Naloxone, when given up the nose, may take a few minutes to start working

## 3: Start rescue breathing

Tilt head back. Lift chin. Pinch nose. Breathe a full breath into the mouth every 5 seconds.

4: At 3 minutes, if regular breathing has not returned, give a second dose

## RECOVERY POSITION



After giving naloxone, it's okay if a person doesn't regain full consciousness as long as they are breathing well, between 12 to 20 breaths per minute.

If this happens, place a pregnant woman in the recovery position (shown above) on her LEFT side. This allows for proper blood flow to her and her baby.

Always stay until EMS arrives.

