

# TREATING OPIOID USE DISORDER DURING PREGNANCY

## Buprenorphine or Methadone

There are opioid-based medications that are okay to use to treat opioid use disorder during pregnancy.

- These medications are called buprenorphine (Suboxone® or Subutex®) or methadone.
- You do not have to detox completely to start either of these medications.
- Talk to your OB provider to see which medication is best for you.



Opioid withdrawal during pregnancy increases the risk of return to opioid use without benefit to mother or baby.

## GET HELP

### Evaluation and Prescription

If you are taking opioids and are pregnant, talk to your OB provider about the option that is right for you and your baby.

### Educative intervention

Do what's best for you and your unborn baby. Treat your opioid use disorder during pregnancy.

SCAN  
ME! >>>



## Treating Opioid Use Disorder During Pregnancy



# I-PPOSS

*Idaho Pregnant and Perinatal  
Opioid Support System*



# WHY NOT DETOX WHEN PREGNANT?

If you take opioids and are pregnant, you may wonder if you should get off them while pregnant.

That is, should you detox?

Generally speaking, it is **not recommended** to detox during pregnancy.



# WHY IT MATTERS?

Opioid withdrawal during pregnancy increases the risk of return to opioid use without benefit to mother or baby.

*Getting off opioids completely (complete withdrawal or detox) has an 88% - 92% failure rate.*

## START HERE

To learn more:

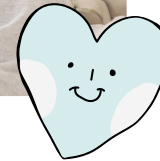
### REALITY NO. 1

88% - 92% of people with opioid use disorder who stop opioids completely will start them again.

### REALITY NO. 2

Taking opioids after being off them for a while significantly increases your chances of overdose and death.

“People can and do recover. People recover everyday.”



### REALITY NO. 5

Quitting takes way more than good intentions or a strong will—it takes the right medical treatment and therapeutic support.

### REALITY NO. 4

When treated with the right medication, it reduces the likelihood of complications with fetal development, labor, and delivery.

### REALITY NO. 3

When treated with the right medication, it reduces opioid craving and repeated episodes of fetal withdrawal which is harmful to the baby.