

TREATING OPIOID USE DISORDER WHILE BREASTFEEDING

Buprenorphine or Methadone

Breastmilk has advantages for both the mother and baby. Both methadone and buprenorphine (Suboxone® or Subutex®) are okay to take while breastfeeding.

- The advantages of staying on methadone or buprenorphine for opioid use disorder during breastfeeding outweigh the risks.
- The longer an individual continues their treatment for opioid use disorder the lower their risk of return to substance use is.
- Medications for opioid use disorder should only be discontinued when it is in the best interest of the mother and baby.



Is it okay to be treated for opioid use disorder while breast feeding?

Yes!

GET HELP

Why?

Breastmilk has advantages for both the mother and baby.

Either methadone or buprenorphine is okay to take for Opioid Use Disorder while breastfeeding.

Treatment with buprenorphine or methadone for Opioid Use Disorder has shown to prevent return to use and aid in home stability.

SCAN ME! >>>



Treating Opioid Use Disorder While Breastfeeding



I-PPOSS

*Idaho Pregnant and Perinatal
Opioid Support System*

IS MY MEDICATION IN MY BREAST MILK?

Per Medical Guidelines:
“The amount of buprenorphine in human milk is small and unlikely to have negative effects on the developing infant.”

Do what’s best for you and your baby. Treat your opioid use disorder while breastfeeding.

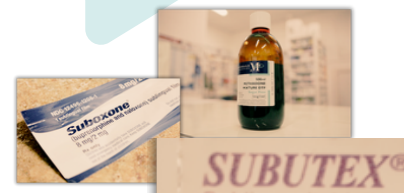


WHY IT MATTERS?

Treatment has shown to prevent return to use and aid in home stability.

Stopping treatment generally should not even be considered until after the baby is sleeping through the night and has completed breastfeeding.

Ideally, treatment will continue for a very long time or indefinitely to aid in stability for mother and child.



START HERE

To learn more:

REALITY NO. 1

A very small amount of buprenorphine or methadone enters breast milk.

REALITY NO. 2

A small amount of buprenorphine is swallowed by the baby and a very small amount is digested.



REALITY NO. 5

During NAS the infant experiences withdrawal symptoms. Breastfeeding has shown to help reduce these symptoms.

REALITY NO. 4

NAS is what some babies experience when they are born and no longer exposed to buprenorphine or methadone from mom.

REALITY NO. 3

Breastfeeding has been related to less severe Neonatal Abstinence Syndrome (NAS) after birth.