### **KEEPING MEDICINE SAFE AT HOME FOR KIDS**

# Up High, Out of Sight

Consider using upper cabinets or shelves, any place kids can't get to!

#### **Educate!**

Remind your children that medications are not toys or treats and can be dangerous

### Use bottles with child safe lids

Do not take meds out of original bottles. These are created to keep kids out!



60.000

The number of ER visits every year for children who accidentally take medication found in the home

Remember, medicine is not just what you are prescribed! Over the counter herbs, remedies for colds/pain are dangerous for children in high amounts!

# Locked Away is A-Okay!

Consider using a medication lock box to make sure kids do not get into your medication

## Get Rid of Unused Medicine



-Check if a local pharmacy can take;
medication back

-Don't flush your meds!





Mom To Be Recovery