

DEPRESSION IN PREGNANCY

Safe Options!

Many medications used to treat depression are considered safe to take in pregnancy.

These meds are unlikely to increase the risk of birth defects. Some examples include citalopram (Celexa®), escitalopram (Lexapro®), fluoxetine (Prozac®), and sertraline (Zoloft®).



Did you know that being depressed during pregnancy can affect your unborn baby?

GET HELP

Evaluation and Prescription

Work with your ob provider or pharmacist to make an informed choice about your treatment options.

Educative intervention

Untreated depression is harmful to both you and your unborn baby.

SCAN
ME! >>



Treating Depression During Pregnancy



*Mom To Be
Recovery*

YOUR CHOICE!

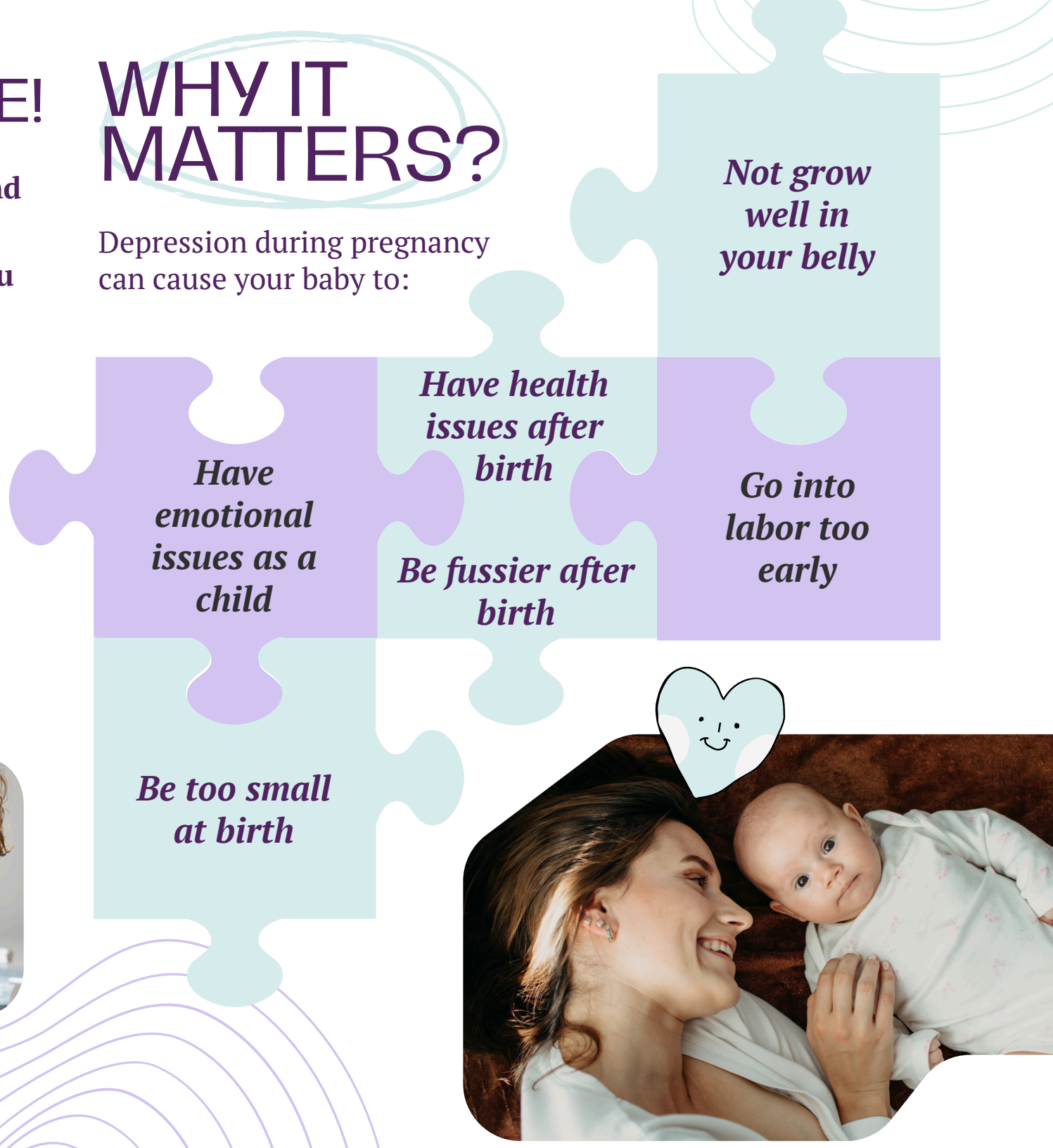
If you have depression and are already on a specific medication to treat it, you don't necessarily need to change medications.

Talk to your ob provider or pharmacist about the risks and benefits of staying on your current med and then decide the best choice for you.



WHY IT MATTERS?

Depression during pregnancy can cause your baby to:



Not grow well in your belly

Have health issues after birth

Go into labor too early

Have emotional issues as a child

Be fussier after birth

Be too small at birth

